Release Yo' Delf

Method Man

When I first stepped on the scene, niggaz was petrified Jet back to the lab like they were bein' chased by Homicide My rap flow does you like Tical an' it will never steer you wrong

And all you bitch ass niggaz in the industry

Your careers won't be lastin' longWhen I first stepped on the scene, niggaz was petrified Jet back to the lab like they were bein' chased by Homicide

My rap flow does you like Tical an' it will never steer you wrong

An' all you bitch ass niggaz in the industry

Your careers won't be lastin' longCheck it, I'm the fuckin' man who they mention

Notice, that other niggaz rap styles is bogus

Doo doo, prepare for this verse Tical voodoo

Blazin', the stuff that ignites stimulation

Inside ya, 'cuz I be that house over water

Forgot in the realm that be deep as the Poseidon Adventure

Niggaz need to touch they freakin' picture

For the sickness, that be spreadin' with the quicknessRemedies, cousin, I be doin' on my enemies

Penalty, then I drink forties to they memories

Emotion, rushin' through your down street vicinity

Blunt smoke in the air reveals my identity Tical, Tical, Tical, TicalAs I keep it movin', we keep it movin', uh

Keep it movin' an' keep it movin' uh

Keep it movin', baby, we be movin', uh

Keep it movin', we keep it huh, rharhWhat's that rhythm, what's that sound?

Party people gettin' down

When it hit the baddest man

Just release yo' delf

My God, somebody said it's on, if it isn't I'll be set

To blow a nigga up, with my Five Fingers of Death

I bring it to his whole damn fam, understand

If he frontin' on any man down with the ClanI be comin' for the headpiece you can't cope For my brother, I bring it to the Pope

Word to mother, serial killa style from Big Isle

No stat, my peoples are you with me, where you at? Shit's gettin' deep in here, I mean thick Niggaz lookin' all in my face like they want dick

It's about to hit the fan, hit the flo'

That's all I can stands, an' I can't stands no mo'What is it? Niggaz think they bigga

'Cause they got the finga on the trigga of a pistol

They don't know I'm wicked when I start to kick it

With the raw sound, wash it down with a mysticThen I add a snapple, nigga want the juice

But he don't want the hassle, then we try to overthrow the castle

Better yet the tent when I'm comin' to your town

Black man, the rental, God, the pistolYah, if you don't want a burn from glock
Then beware, I buck shots, we move up, the buck stops
Here, no more dough will be made
Unless it's being made by hoesWhat's that rhythm, what's that sound?

Party people gettin' down
When it hit the baddest man

Just breathe in, till thenAn' keep it movin', baby, keep it movin'
I plan to keep it movin', you know we keep it movin', uh
An' keep it movin', baby, we be movin', uh
An' keep it movin', you know we keep it movin', uh
An' keep it movin, you know we keep it movin'

Baby, we be movin', you know we keep it moo, rarhWhen I first stepped on the scene, niggaz was petrified

Jet back to the lab like they were bein' chased by Homicide
My rap flow does you like Tical an' it will never steer you wrong
An' all you bitch ass niggaz in the industry
Your careers won't be lastin' longThrow your hands in the sky
An' wave 'em from side to side

An' if you're ready to spark up the Meth Tical

Let me hear you say, "Stimuli"When I first stepped on the scene, niggaz was petrified

Jet back to the lab like they were bein' chased by Homicide

My rap flow does you like Tical an' it will never steer you wrong

An' all you bitch ass niggaz in the industry

Your careers won't be lastin' long

Lyrics provided by http://greatlyrics.net/