

# This One's for the Girls

[Martina McBride](#)

This is for all you girls about thirteen  
High school can be so rough, can be so mean  
Hold onto, onto your innocence  
Stand your ground when everyone's giving in  
This one's for the girls  
This is for all you girls  
about twenty-five  
In little apartments, just trying to get by  
Living on, on dreams and spaghetti-o's  
Wondering where your life is gonna go  
This one's for the girls  
Who've ever had a broken heart  
Who've wished upon a shooting star  
You're beautiful the way you are  
This one's for the girls  
Who love without holding back  
Who dream with everything they have  
All around the world  
This one's for the girls  
This is for all you girls about forty-two  
Tossing pennies into The Fountain of Youth  
Every laugh, laugh line on your face  
Made you who you are today  
This one's for the girls  
Who've ever had a broken heart  
Who've wished upon a shooting star  
You're beautiful the way you are  
This one's for the girls  
Who love without holding back  
Who dream with everything they have  
All around the world  
This one's for the girls  
Yeah, we're all the same inside (same inside)  
From to  
This one's for the girls  
Who've ever had a broken heart  
Who've wished upon a shooting star  
You're beautiful the way you are  
This one's for the girls  
Who love without holding back  
Who dream with everything they have  
All around the world, yeah  
This one's for the girls  
(This one's for all the girls)  
Yeah, this one's for the girls  
(This one's for all the girls)

Lyrics provided by <http://greatlyrics.net/>